

We are having an amazing experience with WELCOA Idea Collective classes and Connect Fireside Chats! Our WELCOA community is like no other! Check out WELCOA's team including [Lori Thomas](#), [Adam Paige](#), and [Sara Martin, M.S.](#) prepare for next week's Idea Collective with presenters [Stella Grizont](#), [Ilana Shapiro Yahdav, MPA, ACGRS \(She/Her\)](#), [Mettie Spiess, CWP](#), and [Stuart Chittenden](#). Share and connect with these wellness experts!

<https://bit.ly/2DxNLIh> ✓ #WELCOACONNECT # #wellness #networking

